

## 2016-2017 P.E. Program for Grades 4-8

**Coach Tony Bonura**

Aides: Christopher Barnett, Traci Proffitt, Cristian Rincon

	Tuesday	Friday
8:00-8:50	7th Grade + 7/8 Combo	
8:50-9:40	6th Grade	
9:40-10:30	8th Grade	
10:30-10:50	<i>BREAK</i>	
10:50-11:45	Prep Time	
11:45-12:35	5th Grade	
12:35-1:20	<i>LUNCH</i>	
1:20-1:39	Prep Time	
1:39-2:29	4th Grade+Zhou	

### Minimum Day Schedule (PE)

8:05-8:50	7th Grade+7/8 Combo
8:50-9:30	8th Grade
9:30-10:10	6th Grade
10:10-10:30	<i>RECESS</i>
10:35-11:15	5th Grade
11:15-11:55	4th Grade+Zhou

## 2016-2017 VAPA Music Program for Grades 4-8

**Jim Hamilton, Lisa Jones, Jennifer Quan**

	Monday	Wednesday
11:10-11:55	<i>LUNCH</i>	
11:55-12:35	<b>5th Grade</b> Beginning Band w/Hamilton - Library Beginning Band w/Jones - Room 34 Intermediate Strings w/Quan - Auditorium	
12:35-12:55	<b>Prep Time</b>	
12:55-1:35	<b>4th Grade</b> Beginning Strings w/Hamilton - Library Beginning Strings w/Quan - Auditorium Exploratory Music w/Jones - Room 34	
1:45-2:29	<b>6th - 8th Grades</b> Intermediate Band w/Jones - Room 34 Advanced Band w/Hamilton - Libary Advanced Strings w/Quan - Auditorium	